

# 211 HELP STARTS HERE



If you or someone you know is looking for assistance, contact United Way 211 to learn about the following services:

**Food & housing assistance**

**Mental health & substance use support**

**Legal resources**

**Clothing and household items**

**And thousands of other local resources**

Dial **211 (800-543-7709)**, text **898-211** or visit **211UNITEDWAY.ORG**  
24/7 • FREE • CONFIDENTIAL • MULTILINGUAL



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# CONNECTING VOLUNTEERS TO OPPORTUNITIES

Get connected to our community by visiting United Way of Southeast Minnesota's convenient online volunteer tool and find great ways to be the change in our community!

**VOLUNTEERS  
NEEDED**



- Discover local nonprofits
- Search for needs based on your interests
- Schedule, track your volunteer hours, and invite others to join in the fun!



[uwsemn.org/volunteer](http://uwsemn.org/volunteer)

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