

211 HELP STARTS HERE

If you or someone you know is looking for assistance, contact United Way 211 to learn about the following services:

- Food & Housing Assistance
- Mental health & substance use support
- Legal resources
- Clothing and household items
- ... and thousands of other local resources

Dial **211 (800-543-7709)**, text **898-211**,
or visit **211UNITEDWAY.ORG**

24/7 • FREE • CONFIDENTIAL • MULTILINGUAL



211 CAAWINTA HALKAN KA BIIAABAABATO

Hadaad adigu ama qof aad taqaano uu raadinayo gargaar, la soo xiriir United Way 211 si aad macluumaad dheeraad uga hesho oo ku saabsan:

- Kaalmada cuntada iyo guriyaynta
- Taageerada caafimaadka dhimirka iyo isticmaalka daroogada
- Kheyraadka sharciga
- Dharka iyo alaabta guriga
- Iyo kumanaan kale oo kheyraadka maxalliga ah

Wac **211 (800-543-7709)**, qoraal u dir **898-211**,
ama booqo **211UNITEDWAY.ORG**

**ADEEGYO KALSOONI AH, LAGU HELI KARO
DHAWR LUQADOOD OO BILAASH AH 24/7.**

